

Package: saunacost (via r-universe)

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Type Package

Title Dollars-Per-Session Math for a Home Sauna or Cold Plunge

Version 0.1.0

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Description A home sauna is priced by sticker and judged by vibe; this package prices it by the session. `sauna_cost()` amortizes the gear over the sessions you actually take, adds the electricity line most buyers skip, and prints the visit count where the gear finally beats paying per visit elsewhere - or says plainly when usage never closes the gap. Companion to the protocol-cost writing on HackedSelf <<https://hackedself.com>>.

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Encoding UTF-8

URL <https://hackedself.com>

BugReports <https://github.com/scrapertweeter3-prog/sauna-vs-gym-cost/issues>

RoxygenNote 7.3.1

Repository <https://scrapertweeter3-prog.r-universe.dev>

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RemoteUrl <https://github.com/scrapertweeter3-prog/saunacost-r>

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sauna_cost	<i>Dollars per session for a home sauna</i>
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Description

Amortize a home sauna over real usage, add the electricity line, and find where it beats paying per visit.

Usage

sauna_cost(gear, week, kwh, rate, alt, months = 36)

Arguments

- gear Gear price in dollars.
- week Sessions per week.
- kwh Kilowatt-hours per session.
- rate Electric rate in dollars per kWh.
- alt Alternative per-visit cost.
- months Amortization window in months.

Value

A list: sessions per year and in window, utility and amortized cost per session, break-even visit count.

Examples

sauna_cost(2500, 4, 2.0, 0.17, 22, months = 36)

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